

Board Directed Guidelines for Indoor Singing

Guidelines for Teachers and Administrators

Teachers have the ultimate authority in whether they prefer to have students sing outdoors, indoors, or some combination of the two. Students may not be penalized in a course if they do not feel comfortable singing indoors or being in an environment where there is singing indoors.

Elementary: Elementary students participate in music class as part of their activity class and in Chorus as an extra-curricular program. The music class is typically 40 minutes and consists of various types of music to include the playing of instruments in addition to singing. The Chorus programs are held before or after school. Some programs are continuing the extra-curricular program and some are on pause depending on the circumstances at the school.

Activity Period:

- Any singing should occur in the 1st 15 minutes of the activity period. This will hopefully allow for an exchange of air – depending on the system. The prevailing research recommends three cycles of air exchange as a minimum. This will not meet that recommendation but will allow for some time before the next group of students.
- Students must wear properly fitted masks that fully cover the nose and mouth.
- Students should have assigned seating or spots in the room to enable efficient and accurate contact tracing and should be as far apart as possible.
- When feasible, the class should meet in the largest possible space when singing.

Extra-Curricular Chorus:

- Rehearsal time should be no more than 30 minutes. After the 30 minutes the room should be vacated for at least an hour before use.
- Students must wear properly fitted masks that fully cover the nose and mouth.
- Students should have assigned seating or spots in the room to enable efficient and accurate contact tracing and should be as far apart as possible.
- When feasible, the class should meet in the largest possible space when singing.
- Performances should be limited to virtual events; Intermediate classrooms may perform outside.

Secondary: Secondary students participate in chorus through an elective course. As part of that course they also routinely participate in co-curricular programs, events, and external assessments. Some students also experience singing through Musical Theater classes and through participation in co-curricular performances or extra-curricular clubs.

Chorus or Musical Theater Classes:

- Students should sing for no more than 30 minutes indoors and must then vacate the room for at least 30 minutes to allow for some possible air exchange. This means that school administration should work with teachers in identifying where the class will report during that time period.
- Students must wear properly fitted 3-ply (surgical style) masks that fully cover the nose and mouth.

- Students should have assigned seating or spots in the room to enable efficient and accurate contact tracing and should be as far apart as possible.
- When feasible, the class should meet in the largest possible space when singing.
- For co-curricular events:
 - Students may sing indoors for no more than 30 minutes and must vacate the space after that 30 minutes.
 - Audience members must be seated with 6 feet between family groups, be fully masked for the duration of their time in the venue and be occupying no more than 50% of the space in the venue. They must immediately vacate the venue upon the completion of the performance.
 - eLearning students may not be penalized for non-participation in co-curricular events. They should be provided a reasonable alternative.

Extra-curricular programs (clubs): these are programs that are not a part of a course requirement or expectation.

- Sponsors should meet with administrators to review the risks associated with the club
- Clubs may or may not have an option for someone in eLearning
- Students must follow **all** the above requirements for Chorus or Musical Theater Classes
- School administrators should prioritize co-curricular events in space utilization

Resources

[Harvard CU Boulder air cleaner sizing tool](#)

[Harvard CU Boulder Air Cleaner Calculator for School](#)